



# Are We Truly Treating Our Bodies as the Lord's Temples?

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In today's world, much concern is raised whenever governments impose closures on physical church buildings. People see these closures as hindrances to their spiritual growth, fearing the absence of a place to gather and worship. Yet, in our focus on the physical church, have we forgotten that the true temple of the Lord resides within us? The Apostle Paul reminds us in [1 Corinthians 6:19-20](#), *"Don't you know that your body is a temple of the Holy Spirit who is in you, whom you have from God? You are not your own, for you were bought at a price. So glorify God with your body."* This profound truth emphasizes that God's Spirit dwells not in buildings, but within each of His followers, who are called to live as His holy temples.

As the world becomes increasingly troubled, it is crucial to reflect on the state of these temples—the condition of our hearts and lives. While some view churches as places of entertainment or social gatherings, others have sadly turned ministry into a commercial venture. Many people flock to churches hoping for solutions to their socio-economic problems or seeking validation from their communities. However, the true purpose of the church has never been about material wealth or societal approval; rather, it is about spiritual transformation and the building of our inner temples for the Lord.

## The Danger of Externalizing Faith

For many, the physical church has become the focal point of their faith, and they believe that God's presence is limited to those four walls. Yet, the Bible teaches us that the Lord does not dwell in man-made temples. In [Acts 17:24](#), Paul declares, "The God who made the world and everything in it—He is Lord of heaven and earth—does not live in temples made by hands." By clinging to the idea that we must visit a building to experience God, we risk missing the deeper truth: God desires to inhabit our hearts, transforming us from within.

Those who never engage personally with Scripture, relying solely on others to interpret the Word for them, may find themselves vulnerable as the world grows darker. With the return of Christ drawing near, and with the rise of censorship even on platforms like YouTube and other media that once proclaimed the truth, Christians will need to have already built up a deep, personal relationship with the Lord. Only those who have become part of His flock—who have sought Him in spirit and truth—will be sustained by the living water Christ offers. As Jesus said in [John 4:13-14](#), *"Everyone who drinks from this water will get thirsty again. But whoever drinks from the water that I will give him will never get thirsty again. In fact, the water I will give him will become a well of water springing up in him for eternal life."*

## The Call to Come Out of Babylon

The time is now to sound the trumpet and call people out of the world's Babylon, which is swiftly falling. In these perilous times, as society drifts further from God's principles, the urgency to flee from the wrath to come is greater than ever. We must ask ourselves: are we living in accordance with the Lord's standards, or are we still clinging to the sinful nature of the world around us? The world today mirrors the fallen cities of Babylon, Sodom, and Gomorrah, steeped in moral decay. [Revelation 18:4](#) issues a stark warning: "Come out of her, my people, so that you will not share in her sins or receive any of her plagues."

The question for Christians today is this: "Are our bodies truly temples of the Lord?" If our bodies are His dwelling place, how are we treating them? Are we using them to engage in sin—adultery, fornication, homosexuality, and other immoral acts? Do we allow our eyes to feast on inappropriate images or our ears to listen to false teachings? [Matthew 5:28](#) warns, "But I tell you, everyone who looks at a woman lustfully has already committed adultery with her in his heart." What we consume through our senses shapes the temple within us.

## Cleansing the Temple

The body, as the temple of God, should be kept holy. Should we fill these temples with pride, arrogance, envy, anger, greed, and other destructive emotions? Have we allowed worldly policies and philosophies to dominate our thoughts, or are we grounded in the truth of the Gospel? In today's world, many have been deceived by false teachers and perishing prophets, leading their hearts astray. Yet Jesus offers us pure, replenishing water—the living Word that can cleanse our hearts. He promises in [John 7:38](#), "The one who believes in me, as the Scripture has said, will have streams of living water flow from deep within him."

We must purify ourselves, both physically and spiritually, to prepare for the coming of the Lord. He is returning soon, and we must be ready to meet Him. Have we kept our lamps burning, like the wise virgins in the parable of the ten virgins, or have we allowed the oil of our faith to run out (Matthew 25:1-13)? Now is the time to repent and restore our relationship with God, ensuring that our bodies—His temples—are holy and pleasing in His sight.

## Preparing for His Return

Behold, the Lord is coming with the clouds, and every eye will see Him ([Revelation 1:7](#)). But are we truly prepared for Him, or are we still indulging in the sins of the world? Will He find us living in righteousness, or will He see that we have neglected our calling as His temples? The warning is clear: do not let the world's distractions cause you to miss the Lord's return. Instead, seek Him earnestly, live in holiness, and guard your heart against the temptations and false teachings that abound in these last days.

In conclusion, as the days grow darker and the return of Christ draws nearer, let us take seriously our responsibility to honor God with our bodies, His holy temples. There has never been a greater need to warn people of the coming wrath than now! Now is the time to come out of the world and its corruption, to cleanse ourselves from sin, and to prepare our hearts for His glorious return. Only by doing so will we be ready to stand before Him when He comes. Let us heed the call and glorify God with our lives.

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